

Core Values 2024-2025

August

Responsibility – Proving you can be trusted with what is expected of you

September

Commitment– Making a plan and putting it into practice

November

School Safety/Self-Control – Choosing to do what you should even when you don't want to

December

Gratitude – Letting others know you see how they have helped you

January

Growth Mindset/Perseverance – Refusing to give up when life gets hard

February

Compassion – Caring enough to do something about someone else's need

March

Integrity – Choosing to be truthful in whatever you say and do

April

Teamwork/Cooperation – Working together to do more than you can do alone

May

Leadership/Trust – Putting your confidence in someone you can depend on



SBE Counselor Connection

Sonal Bhuchar Elementary

October 2024

Message from the Counselor

October is National Bullying Prevention Month. We will be engaging in several activities at SBE to prevent childhood bullying and promote kindness, acceptance, and inclusion in our school community.

To support our school's inclusion initiative, counseling lessons this month will be focused on helping students recognize the differences between conflict and bullying. Students will learn ways to be an "upstander" for themselves and others. We will build on our lessons from Start with Hello Week last month by continuing our discussion of ways that we can demonstrate kindness and empathy towards others to prevent bullying.

Our campus will be celebrating Unity Day on Wednesday, October 16th. We encourage all members of the SBE community to wear orange or an SBE shirt on this day to show we are UNITED in support of kindness, acceptance, and inclusion at our school. Students will be completing an activity titled, "The Best Part of Me" in outclass to celebrate their individuality. Encourage your children to share their learning with you.

Please feel free to contact me with any questions or concerns. I am always happy to help!
Monica Sane

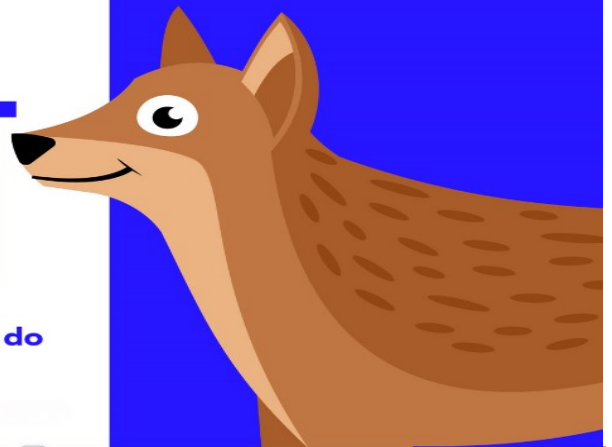
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October Core Value

RESPECT

Showing others they are
important by what you say and do



Fire Prevention and Red Ribbon Week

Fire Prevention Week is October 6-12, 2024. The Missouri City Fire Department will be visiting our school on Monday, October 7th to present a fire safety lesson for PreK—1st grade. For more ideas on how to teach your children about fire safety at home, please visit: <https://www.nfpa.org/Events/Events/Fire-Prevention-Week>

Red Ribbon Week is October 28– November 1. The theme this year is "Life is a Movie, Film Drug Free!" Help our school raise awareness of the negative effects of drugs and alcohol by having your child participate in our Red Ribbon Week spirit days. Please see the attached Red Ribbon week flyer for more information. We will discuss the importance of maintaining a drug free lifestyle on the morning announcements each day during that week.